



PURO SPA™

REFRESH & RECHARGE

purohotel.com

WELCOME TO OUR URBAN SPA EXPERIENCE!

Ease into tranquillity as you experience the mosaic steam room, sauna, ice fountain and waterfall shower before unwinding your body and mind with an individual spa treatment to nurture the body and skin, relax and soothe aching muscles.



OPENING HOURS SPA

SPA & TREATMENTS

Wednesday – Sunday 12.00 – 20.00 h

Monday – Tuesday *on request*

Please contact reception for your individual Spa experience

FACILITIES

Finnish Sauna (85 - 90 C) Steam bath with aromatherapy (45 C)

Waterfall shower and kneipp shower

Ice fountain **Changing rooms** Individual treatment room



RELAX AND FEEL THE MEDITERRANEAN BREEZE ...

BODY MASSAGE

PURO SIGNATURE MASSAGE

A massage can be routine or individual, we prefer the personalized style. Our PURO massage is essential, professional and specific.

It is a holistic treatment to provide you a deep relaxing experience for physical and mental well-being, essential for living in harmony. Whether you prefer a soft relaxing massage to disconnect from all-day stress, or you prefer a deep tissue treatment, incorporating firm palm, thumb and forearm pressure to relieve and heal muscular twinge and strain.

30 min.	45€
45 min.	65€
60 min.	80€

AROMATHERAPY MASSAGE

Rebalance your energy level by reactivating your senses, lifting your spirits and re-establishing mental clarity, or relay and unwind with a massage of natural plant oils blended with essential oils:
Refreshing and uplifting: rosemary, peppermint and eucalyptus – Sea Foam Essence
Exotic and comforting: lemongrass and kaffir lime with moisturizing rice bran oil – Oriental Essence
Balancing and re-energizing: orange, nutmeg and tangerine – Aromatic wood Essence
Relaxing and harmonising: lavender and rosemary – Mediterranean Floral Essence

60 min.	85€
90 min.	120€

HEAD, NECK & BACK

This medium to firm pressure massage is designed to focus on the areas of the back, shoulders, neck and head. Loosening up the tight muscles caused by busy modern lifestyles, this treatment will improve circulation, induce deep relaxation and ease away chronic muscular aches and knots.

45 min.	65€
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JUST ENJOY THE URBAN SPA

FACE CARE

PURIFYING FACIAL

Especially for oily and mixed skin types, this treatment begins with a gentle cleansing technique and is followed by the Detoxifying Clay Mask which effectively clarifies the pores and brightens your complexion. The Oatmeal Face Scrub further removes dead skin cells and impurities while also nourishing and protecting the skin from free-radical damage. The lymphatic drainage massage will lighten up your mimics and during the Shiso revitalizing mask your hands will enjoy a relaxing massage. Finishing with the Rice Extract Cream, your skin will be experienced in a clean and silky soft touch.

60 min. 90€

REVITALIZING FACIAL

Get a new glow for your face! Starting with a gentle cleansing wash and a lymphatic drainage massage, your skin will be prepared for the followed step-by-step revitalizing products: the Oatmeal Face Scrub removes dry skin cells and opens your pores to soak in the moisturizing ingredients of the Revitalizing Mask and the Facial Serum with Centella, Banana flower and Shiso extracts. To promote collagen and improve elasticity the Rice Extract Cream is the final treatment.

According to your skin type, one of these botanical extracts will be added to the mask:

75 min. 115€

NANO SHISO ANTI-AGING FACIAL

Today, due to technological advances in health and aging, we have a huge number of treatments, gadgets and concoctions to slow down the aging process and improve our well-being as well as beauty. Utilizing the benefits of Nano Shiso Oil this treatment can significantly improve the skin's appearance and moisture level. Savor the results of cleansing, toner, peeling, massage, treatment and Anti-aging Facial Cream from our Shiso line revealing a brighter, younger you.

75 min. 120€

8% VAT included. 8% IVA incluido.



SPECIALLY DESIGNED FOR MEN WHO TAKE CARE FOR THEMSELVES

FOR MEN

MEN'S FACIAL

Especially for male skin, this treatment starts with a detoxifying cleansing ritual to shed light on your complexion. The lymphatic drainage massage for your face and the relaxing massage for your hands and neck will provide you a complete well-being experience. Depending on your skin's needs you will perceive a revitalizing or moisturizing mask and the proper skin care finishing.

60 min. 90€

DEEP TISSUE MASAGE

This vital massage works – as it is called – in the deeper layers of your tissue. Using firm palm-, thumb- and forearm-pressure, employing a blend of Thai and Asian healing techniques combined with your choice of body & massage oil to help induce relaxation and ease away tension.

60 min. 85€

GENTLEMAN RENEWAL RITUAL

Just get rejuvenated and feel like spanking new! Experience this amazing treatment ritual which starts with an aromatic foot bath and foot scrub, followed by a back scrub and a whole body Aromatherapy massage. Finally your face will be enchanted with a detoxifying cleansing mask and an ultimate face-, neck- and head-massage. Born again!

150 min. 190€

SPA PACKAGES

Including

Welcome Aromatherapy Ritual · Spa Tea · Thann massage oil of your choice (60 ml size)

RESPIRE

Just take a deep breath, and get your complete body pampered and relaxed.

Full body massage, including neck and head

Foot scrub and foot massage

2 hrs 150€

BALANCING

A very special treatment to feel harmony for your body and mind.

Body massage

Purifying facial

2 hrs 150€

BODY BLISS

Your body will feel like heaven after this complete body care ritual.

Body Care, including body peeling

Body massage, including head massage

2.5 hrs 190€

ESSENCE OF PURO SPA SANCTUARY

You want to walk on clouds? Then get pampered for three hours with the best that our

PURO Spa Sanctuary can offer to you:

Foot scrub and foot massage · Body massage · Facial of your choice

3 hrs 255€

USING THE SPA

THE SPA EXPERIENCE

We welcome you to the Spa and we wish you enjoy your Spa experience to the utmost.

SPA ETIQUETTE

Please turn your mobile phone to silent to fully relax and promote a healing environment.

SPA TREATMENTS

We recommend arriving 15 minutes prior to your treatment to unwind in the Spa area and warm up your muscles in the Sauna or steam bath.

CANCELLATION POLICY

Please provide at least 12 hours of notice for cancellation if you are unable to enjoy your treatment.

HEALTH CONDITIONS

Please inform the Spa team if you are suffering from any health condition.
Drink plenty of water before and after using the thermal area.

HYGIENE RULES

Guests are asked not to enter the spa area with outdoor shoes.
Please shower before entering the sauna or steam bath.

LOCKERS

Lockers are available, but please accept that the Spa takes no responsibility for any items left on site.

GENERAL

The hotel is not taking responsibility for any unforeseen accident due to incorrect use of the installations or services. We thank you for your kind collaboration and we are thankful to receive your feedback at

spa@purohotel.com.



PURO
OASIS URBANO®

PURO HOTEL PALMA

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